

Shaina McGregor

Height: 5'2"

Email: shainamcgregor1@gmail.com

Phone #: (347) 633-3479

Address: 360 Cumberland St. Brooklyn, NY 11238

Professional/Performance Experience

McKoy Dance Project, founder & artistic director, Derick McKoy Jr. (April 2021-present)

Dancer in project based company, performed in "Hush" premiering at Nimbus Arts Festival

A Thomas Project, founder & choreographer, Alrick Thomas (September 2019-present)

Dancer in project based company, performs works by Alrick Thomas, performed in Peridance APAP 2020

The Francesca Harper Project, artistic director, Francesca Harper (June 2018-present)

Work alongside company members and Francesca in studio on various projects and installations (i.e "Refridgerated Dreams" with Nona Hendryx)

Earl Mosley Diversity of Dance, choreographer, Earl Mosley (October 2019-January 2019)

Performer in Earl Mosley's Dancing Beyond; A Benefit for Dance Against Cancer

Nick Cave's "The Let Go", movement director, Francesca Harper (June 7-July 1, 2018)

Performer in dance-based town hall-part installation and part performance at the Park Avenue Armory-the community of NYC is invited to "let go"; interactive movement and improvisation with the audience and Nick Cave's sculptures: "chase" and sound suits. *Awarded a Bessie for Outstanding Production*

Ailey II Apprentice, artistic director, Troy Powell (July 2017-April 2018)

Works alongside company members, takes company class, learns repertory, and is always prepared to go in when necessary. Learned works by Alvin Ailey, Darrell Grand Moultrie, Juel D. Lane, Jae Man Joo, Ray Mercer, Renée McDonald, Bridget L. Moore, Marcus Willis

XY Dance Project, artistic director, Nijawwon Matthews (May 2017-present)

Project-based company, performs throughout NYC and New Jersey, including NJPAC and Ailey Citigroup Theater
Performed works by Ebony Williams, Sheila Barker, and Nijawwon Matthews

The Homecoming Queen, World Premiere Play (December 2017-February 2018)

Assistant choreographer to Hope Boykin

The Wilder Project, co-founder, Holly Wilder (May 2017-present)

Dance film company, creates dance films, performs throughout NYC
Participated in outside Site-Specific performance at INSITU Dance Festival in June 2017

The Ailey School/Alvin Ailey American Dance Theater (September 2014-May 2018)

Participated in a film and live performance with members of AAADT and Ailey II in *Rising* by Matthew Rushing for launch of Vessel at Hudson Yards in 2016. Performed with AAADT at Lincoln Center in *Revelations (I've Been Buked)* and in *Memoria* in New York City Center. Performed works by Hope Boykin, Natalie Lomonte, Jody Sperling, José Limón, Darshan Bhuller, Alvin Ailey, Tracy Inman
Senior Solo choreographed by Eduardo Zúñiga and rehearsed by Gustavo Ramirez Sansano

Film

Matsko, Music Video "Exit Zero or Die"

Background Dancer in music video, acting

Elaine Welteroth, Target Video for Book Launch "More Than Enough"

Dance in social media campaign for Target book launch

Planned Parenthood Campaign, movement director, Francesca Harper

Dancer in film for a planned parenthood campaign

Diggy Simmons "It is What It Is"

Dancer in music video, improvisation & contemporary

Hudson Yards, choreographer, Matthew Rushing

Dancer in film for the launch of the Vessel at Hudson Yards

Professional Training and Education

Ailey/Fordham BFA Program in Dance (2014-2018)

LaGuardia High School of Music & Art and Performing Arts (2010-2014)
Abraham.In.Motion Summer Intensive (August 2018) | Ballet Hispánico ChoreoLab Summer Intensive (June 2017)
Hubbard Street Dance Chicago Summer Intensive (July 2016) | Creative Outlet Dance Theater of Brooklyn (2011-2015)
Hofesh Shechter Company Summer Intensive (June 2019)

Awards

Helen Tamiris: Excellence in dance- LaGuardia HS '14 | Ailey/ Fordham BFA Artistic Merit and Magna Cum Laude '18

Special Skills

Group Fitness Instructor, Fluent in Spanish, Writing, Modeling, Life Coach

References

Francesca Harper, artistic director, The Francesca Harper Project (347)256-4099